

# COLLEGE OF MEDICINE

UNIVERSITY OF SOUTH FLORIDA - 2010/2011 UNDERGRADUATE CATALOG

## Department of Orthopaedics & Sports Medicine

### **For Athletic Training Major (BAT):**

The undergraduate Athletic Training Major is a limited access program designed to prepare students for a successful career as an Athletic Trainer. Athletic Trainers are health care professionals who collaborate with physicians to optimize activity and participation of patients and clients. Athletic training encompasses the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations, and disabilities. Admission to the major is gained through completion of required criteria set forth by the Department of Orthopaedics and Sports Medicine in addition to the regular university application process. Successful completion of the major qualifies students to sit for the Board of Certification Examination and eligible for Florida or any other state Athletic Trainer Licensure. The Athletic Training Program is accredited by the Commission on Accreditation of Athletic Training Education Programs (CAATE).

This is a full-time 2-year program with a considerable clinical education component. Students must be available for class from 8am - 12pm daily and from 2pm - 7pm daily for clinical education. Considerable evening and weekend hours may also be required. Students will accumulate a minimum of 250 hours of clinical education per semester. This program follows an alternate calendar.

Graduates from this program establish successful careers as athletic trainers in secondary schools, colleges and universities, professional sports programs, sports medicine clinics, and other athletic health care settings. Interested students should visit our web site at <http://www.usfatep.com>. The web site offers students a proposed four-year course sequence, a description of our program, a listing of approved clinical sites, and dates/times of information meetings.

### **Major Requirements:**

In order to be admitted to the Athletic Training Education Program, students must participate in a selective admissions procedure. Information meetings are held each semester to provide students with information, applications and forms. Times and locations are listed on the program's web site at <http://www.usfatep.com>. Pre-Athletic Training majors enrolled at USF may also access information through Blackboard.

Enrollment in the program is limited and students must apply before February 1 of each year to be considered for admission the following Summer "C" Session. Students must complete at least 60 semester credit hours of the total 120 credit hours required for graduation prior to admission. The admission process includes prior admission to the University, application to the athletic training program, submission of all transcripts, recommendation forms, blood borne pathogen training, 50 hours of observation of a certified athletic trainer, first aid and CPR certification, and a written essay on career goals. Students are given a pre-interview score consisting of scores for GPA, GPA in prerequisite classes, professional involvement, leadership ability, recommendations, observation hours and essay. Top candidates will be invited for an interview. Interviews are typically held the last weekend in February yearly. Students will be notified of their status in the program following the interview. This program begins during the Summer "C" session. Students must be able to meet technical standards and must pass a background check upon admission to the program.

### **Admission Criteria:** Students must:

- a. Apply to the University of South Florida no later than December 1st of the year preceding application to the Athletic Training Education Program.
- b. Meet the criteria for admission to the Athletic Training Education Program.
- c. Complete the Foundations of Knowledge and Learning Core Curriculum Requirements of the University (36 credit hours).  
\*See the Foundations of Knowledge and Learning Core Curriculum Requirements section of the catalog.
- d. Complete the following statewide common prerequisites or an equivalent with at least a "C" average: (33 credit hours).

BSC X010/X010L or BSC X010C	4
PHY X053/X053L or PHY X053C or PHY X048	4
PSY X012	3
HUN X201 or HUN X941	3
STA X122 or STA X201	3
BSC X093/X093L and BSC X094/X094L	8
or PET X322C and PET X323C or ZOO X733C and PCB X703C or APK X100C and APK X105C or BSC X085/X085L or BSC X085C and BSC X086C	
- e. Successfully meet exemption requirements for the CLASR.
- f. Achieve a minimum cumulative GPA of 2.8.
- g. Achieve a minimum prerequisite GPA of 2.8.
- h. Complete and record 50 hours of observation with a certified athletic trainer. **Students must complete Blood Borne Pathogen training prior to completing observation hours.** Half of the hours must be done in a "traditional" athletic training setting (i.e., high school, college/university or professional sports venue). The remaining hours may be done in a sports medicine clinic. All hours must be completed under a licensed athletic trainer. Documentation should be submitted with application. i. Submit a completed Athletic Training Application by February 1st.

## 270 COLLEGE OF MEDICINE

UNIVERSITY OF SOUTH FLORIDA - 2010/2011 UNDERGRADUATE CATALOG

- j. Students must be First Aid and CPR certified at the time of application and maintain certification throughout the academic program. This may be initially accomplished by taking HSC 2400 First Aid & CPR or taking courses through the American Red Cross, National Safety Council or American Heart Association.
- k. Meet the technical standards for admission or show potential for accomplished tasks with accommodation as determined by the Student Disability Office.
- l. Participate in an interview by invitation on the designated date and time

### Required Professional Core Courses:

PET 3310	Kinesiology	3
PET 3351	Exercise Physiology I	3
PET 3613	Measurement and Evaluation in Athletic Training	2
PET 3617C	Upper Extremity Assessment	3
PET 3618C	Lower Extremity Assessment	3
PET 3621C	Athletic Training Techniques	3
PET 3660	Athletic Training Administration & Policy	3
PET 3670L	Clinical Experience in Athletic Training I	3
PET 3671L	Clinical Experience in Athletic Training II	3
PET 3696	Documentation in Athletic Training	1
PET 3931	Selected Topics in Sports Medicine	3
APK 4136	Exercise Prescription for Strength and Conditioning	3
PET 4627	General Medical Conditions in the Athlete	3
PET 4632C	Therapeutic Modalities	3
PET 4633C	Therapeutic Rehabilitation	3
PET 4672L	Clinical Experience in Athletic Training III	3
PET 4673L	Clinical Experience in Athletic Training IV	3
PET 4933	Seminar in Sports Medicine	3
PET 4625	Advanced Athletic Training	3

### Please Note:

PET 3670L, 3671L, 4672L, and 4673L each require a minimum of 250 hours/semester of clinical education at various sites. Students should be aware that this is a considerable time commitment and should plan accordingly. Students may be expected to accumulate more than 250 hours/semester in some rotations due to the demands of the particular rotation.

Once admitted to the Athletic Training Education Program students must be available from 8am – 12 pm for class and from 2 pm – 7pm for clinical education daily (times vary depending on site). Students must also be available nights and weekends for clinical assignments. This program utilizes an alternative calendar. Clinical courses start prior to the start of main campus courses each semester. Clinical hours may not coincide with University holidays and breaks.

There will be additional costs (above tuition and fees) for courses and clinical rotations that may include, but are not limited to professional liability insurance, physical examination and immunizations, professional association fees, lab fees and uniforms. Transportation is needed for all off-campus clinical sites. Each student will have a minimum of one off-campus rotation.

Students are required to be fingerprinted and complete a background check prior to starting rotations at any public or private school. The athletic training student is responsible for this additional expense.

Students proceed through the program in cohorts and are required to complete all the required courses each semester with a grade of "C-" or better in order to progress to the next semester. Students who do not complete the requirements will be dismissed from the program. Students must maintain a 3.0 GPA in the core courses or will be placed on probation in the program. Two consecutive semesters on probation may result in the student being dismissed from the program. Courses are only offered one time per year, so any dismissal will delay graduation. Re-application materials are reviewed and are based upon a student's unwavering demonstration of modification of circumstances that previously lead to dismissal from the ATEP.