• PHYSICAL EDUCATION, WELLNESS LEADERSHIP AND ATHLETIC TRAINING

Students must enroll in one of the following programs: a) Physical Education K-12 (Florida Teacher Certification); b) Wellness Leadership; or c) Athletic Training.

Requirements for the B.S. Degree (BPE/BPS/BPW): The two-year programs are offered beginning in the junior year and include mandatory attendance during the summer session between the junior and senior years. Students in Physical Education and Wellness Leadership may enter in the Fall Semester of each year only. Students in Athletic Training must enter in the Summer Semester (Session B) prior to their junior year. Students proceed through the programs in 3-4 cohorts and are required to complete all required courses each semester with a grade of "C-" or better in order to progress to the next semester. Students who do not complete the requirements will be dismissed from the program and may reapply for the next cohort.

For K-12 Physical Education Major (BPE):
Prerequisites (State Mandated Common Prerequisites): These prerequisites must be met by transfer students as well as USF students. A grade of "C-" is the minimum acceptable grade.

EDF X005 Introduction to Education
EDG 2701 Teaching Diverse Populations
EME 2040 Introduction to Educational Technology

• Nine (9) hours of Mathematics (to include College Algebra or above and Geometry)*
• Twelve (12) hours of Social Science (to include American History and General Psychology)
• Nine (9) hours of Natural Science (to include an Earth Science course, a Life Science course and a Physical Science course)
• One (1) Natural Science Course must have a lab component
• Six (6) hours of International or Multicultural Focus
• Nine (9) hours of English (to include Writing, Literature and Speech)
• Six (6) hours Humanities (to include Philosophy and Fine Arts)
• Anatomy & Physiology I 3-4
• Care and Prevention of Athletic Injuries or Anatomy and Physiology II with lab 3-4
• Skill Development Courses in Physical Activities 4-5
• Conditioning, Fitness & Wellness Courses in Physical Activities 3

*Only courses with the prefixes MGF, MTG, MAC, and STA will qualify for the courses in mathematics. MGF 1106 Liberal Arts Mathematics I meets the intent of the program approval rule with respect to the inclusion of geometry in the mathematics requirement. Prerequisites must include a laboratory component

Semester I:
EDF 3122 Learning and the Developing Child 3
or
EDF 4131 Learning and the Developing Adolescent 3
EDG 4909 Directed Studies 3
FLE 4365 ESOL Competencies and Strategies 3
PET 3421 Curriculum & Instruction in Phys. Ed. 3
PET 4432 Instructional Design & Content: Physical Education Elementary 3
Total 15

Semester II:
EDF 3604 Social Foundations of Education (Exit) 3
EDF 4430 Measurement for Teachers 3
PET 3031 Motor Behavior 3
PET 4433 Instructional Design & Content: Physical Education Elementary II 3
PET 4942 Phys. Ed. Pre-Internship: Elementary 3
Total 15

Semester III:
PET 3012 Professional Development in Phy. Ed. I 1
PET 3441 Instructional Design & Content: Middle School Physical Education 3
RED 4310 Reading and Learning to Read 3
PET 3640 Adapted Physical Education 3
PET 4304 Principles and Issues in Coaching (optional) 3
Total 10-13

Semester IV:
EDG 4909 Directed Studies 3
PET 4401 Class Management, Safety, Ethics, Law and Organization and Administration of Physical Education 3
PET 4442 Instructional Design & Content: Physical Education Secondary 3
PET 4944 Phys. Ed. Pre-Internship: Secondary 3
Total 13

Semester V
PET 4946 Internship in Phys. Ed.: Elementary 6
PET 4947 Internship in Phys. Ed.: Secondary 6
PET 3252 Issues in Sport (exit) 3
Total 15

For Wellness Leadership Major (BPW):
Prerequisites (State Mandated Common Prerequisites): These prerequisites must be met by transfer students as well as USF students. A grade of "C-" is the minimum acceptable grade.

Human Anatomy and Physiology I and lab 4
or
Human Anatomy and lab 4
Human Anatomy and Physiology II and lab 4
or
Human Physiology and lab 4
College Algebra or higher 3
Statistics or Pre-Calculus 3
General Psychology 3
General Nutrition 3
Survey of Chemistry or higher 3
Survey of Chemistry or higher lab 1

Recommended:
First Aid/CPR
Care and Prevention of Athletic Injuries
Introductory Course in Computer Technology

Professional Education Core (for Wellness Tracks):
EDG 4909 Personal/Professional Development Seminar 3
PET 3310 Kinesiology 3
PET 3351 Exercise Physiology I 3

Additional Courses Required For Wellness Leadership Major:
ADE 4384 Working with the Adult Learner 3
GEY 3601 Physical Changes and Aging 3
HLP 4941 Wellness Internship 12
HUN 2201 Nutrition 3
PEM 2131 Weight Training 2
PEP 3940 Practicum in Health Promotion/Wellness 4
For Athletic Training Major (BPA):
The undergraduate Athletic Training Major is a limited access program designed to prepare students for a successful career as a qualified allied health professional educated and experienced in the management of health care problems associated with sports participation. Admission to the major is gained through completion of required criteria set forth by the School of Physical Education, Wellness, and Sport Studies in addition to the regular university application process. Successful completion of the major qualifies students to take the Board of Certification Examination and the State of Florida Athletic Trainer Licensure Examination. The Athletic Training Program is accredited by the Commission on Accreditation of Allied Health Education Programs (CAAAHP).

This is a full-time 2-year program with considerable clinical education. Students must be available for class from 8am - 12pm daily and from 2pm - 7pm daily for clinical education. Considerable evening and weekend hours may also be required. Students will accumulate a minimum of 250 hours of clinical education per semester.

Graduates from this program establish successful careers as athletic trainers in secondary schools, colleges and universities, professional sports programs, sports medicine clinics, and other athletic health care settings. Interested students should visit our website (http://pe.usf.edu/ath_trng/) and attend an organizational meeting held on the first Thursday of each semester. The web site offers students a proposed four-year course sequence, a description of our program, a listing of approved clinical sites, and more.

Major Requirements:
In order to be admitted to the Athletic Training Program Track, students must participate in a selective admissions procedure. Information meetings are held monthly to provide students with information, applications and forms. Times and locations are listed on the program's web site at http://pe.usf.edu. Enrollment in the program is limited and students must apply before February 1 of each year for admission the following “B” Summer Session. Students must have completed at least 60 semester credit hours of the total 120 credit hours required for graduation prior to admission. Admission process includes prior admission to the University, application to the athletic training program, submission of all transcripts, recommendation forms, 50 hours of observation with a certified Athletic Trainer. Half of the hours must be done in a “traditional” athletic training setting (i.e., high school, college/university or professional sports venue). The remaining hours may be done in a sports medicine clinic under a Certified Athletic Trainer. See the Clinical Coordinator for placement and documentation forms. Documentation should be submitted with application.

Students must be First Aid and CPR certified at the time of application and maintain certification throughout the academic program. This may be initially accomplished by taking HSC 2400 First Aid & CPR or taking courses through the American Red Cross, National Safety Coordinator or American Heart Association.

Meet the technical standards for admission or show potential for accomplished tasks with accommodation as determined by the Student Disability Office.

A maximum of 6 credit hours of general education and pre-requisite requirements may be taken following admission to the program. The 6 hours may not include PET 2622 or BSC 2093, 2094.

1. Admission Criteria: Students must:
   a. Apply to the University of South Florida no later than December 1st of the year preceding application to the Athletic Training Program.
   b. Meet the criteria for admission to the College of Education. (exemption from the three common course prerequisites; EDF2005, EDG 2701, and EME 2040)
   c. Complete the General Education Requirements of the University (36 credit hours).
   d. Complete the following prerequisite or an equivalent with at least a "C" average. (33 credit hours).
   e. Successfully meet exemption requirements for the CLAST or successfully complete the exam.
   f. Achieve a cumulative GPA of 2.5.
   g. Achieve a prerequisite GPA of 2.8.
   h. Submit a completed Athletic Training Application by February 1st.
   i. Complete and record 50 hours of observation with a certified Athletic Trainer. Half of the hours must be done in a "traditional" athletic training setting (i.e., high school, college/university or professional sports venue). The remaining hours may be done in a sports medicine clinic under a Certified Athletic Trainer. See the Clinical Coordinator for placement and documentation forms. Documentation should be submitted with application.
   j. Meet the technical standards for admission or show potential for accomplished tasks with accommodation as determined by the Student Disability Office.
   k. Complete an interview by invitation.

Required Professional Core Courses:

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<thead>
<tr>
<th>Course代号</th>
<th>Course Title</th>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>HUN 2201</td>
<td>Nutrition</td>
<td>3</td>
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<tr>
<td>PET 3310</td>
<td>Kinesiology</td>
<td>3</td>
</tr>
<tr>
<td>PET 3351</td>
<td>Exercise Physiology I</td>
<td>3</td>
</tr>
<tr>
<td>PET 3617C</td>
<td>Orthopedic Physical Assessment</td>
<td>3</td>
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<tr>
<td>PET 3618C</td>
<td>Orthopedic Physical Assessment</td>
<td>3</td>
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<tr>
<td>PET 3621C</td>
<td>Athletic Training Techniques</td>
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<td>PET 3630C</td>
<td>Techniques in Therapeutic Exercise</td>
<td>3</td>
</tr>
<tr>
<td>PET 3660</td>
<td>Athletic Training Administration &amp; Policy</td>
<td>3</td>
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<td>PET 3670L</td>
<td>Clinical Instruction in Athletic Training</td>
<td>3</td>
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<tr>
<td>PET 3671L</td>
<td>Clinical Instruction in Athletic Training</td>
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<tr>
<td>PET 4353</td>
<td>Exercise Physiology II</td>
<td>3</td>
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<tr>
<td>PET 4384</td>
<td>Health-Fitness Appraisal &amp; Exercise</td>
<td>3</td>
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*BSC 2011 and BSC 2011L are required as prerequisite for BSC 2093C and BSC 2094C at USF. Students that have already taken BSC 2093C and BSC 2093C or equivalent at other institutions do not have to complete BSC 2011 and BSC 2011L.
PET 4627 General Medical Conditions in the Athlete 3
PET 4632C Therapeutic Modalities 3
PET 4633C Therapeutic Rehabilitation 3
PET 4672L Clinical Practice in Athletic Training I 3
PET 4673L Clinical Practice in Athletic Training II 3
PET 4933 Seminar in Sports Medicine 3
PET 4935 Case Studies in Athletic Health Care 3
PET 4625 Advanced Athletic Training 3

Please Note:

PET 3670L, 3671L, 4672L, and 4673L each require a minimum of 250 hours/semester of clinical education at various sites. Students should be aware that this is a considerable time commitment and should plan accordingly. Students may be expected to accumulate more than 250 hours/semester in some rotations due to the demands of the particular rotation.

Once admitted to the Athletic Training Program students must be available from 8am – 12 pm for class and from 2 pm – 7pm for clinical education daily (times vary depending on site). Students must also be available nights and weekends for clinical assignments.

There will be additional costs (above tuition and fees) for the clinical rotations. Costs may include, but are not limited to professional liability insurance, physical examination and immunizations, professional association fees, and uniforms. Transportation is needed for all off-campus clinical sites. Each student will have a minimum of one off-campus rotation.

Students are required to be fingerprinted and complete a background check prior to starting rotations at any public or private school. The athletic training student is responsible for this additional expense.

Students proceed through the program in cohorts and are required to complete all the required courses each semester with a grade of “C-” or better in order to progress to the next semester. Students who do not complete the requirements will be dismissed from the program and may re-apply for the next cohort. Students must maintain a 3.0 GPA in the core courses or will be placed on probation in the program. Probation includes attending mandatory study sessions. Two consecutive semesters on probation may result in the student being dismissed from the program.

Students must satisfy the University’s CLAST requirements.